



Last updated: 20.12.2018

This is a "Travel like the locals" tour. The tours use public transport, i.e. regular buses, ferries and boats, but we have done the planning for you so that you can concentrate on enjoying your trip. You travel on your own - there is no guide or tour leader. On most of our tours you must change several times between different buses/ferries/boats, and it is up to you to make sure you catch your connections – truly travelling like a local! (The tours are set up so that the buses, ferries and boats connect.)

Round trip to Stranda & Storfjord

Ålesund – Sykkylven – Strandafjellet – Stranda – Sjøholt - Ålesund

This round trip starts in Ålesund and takes you via Sykkylven to Stranda and back to Ålesund via Liabygda, Stordal and Sjøholt. Along the route you can enjoy magnificent views of the beautiful landscape.

If you choose the early departure from Ålesund you can choose to make a stop at Strandafjellet and take the next bus to Stranda (12:47 from Strandafjellet). You then proceed to Ålesund by ferry and bus, as described in the timetable.

If you choose to make a stop at Strandafjellet, you have some time available for activities, for example a gondola ride or a short hike on your own. You may of course also choose to make the stop at Stranda village.

Note that the gondola is only open certain periods of the year. For opening hours, see <http://www.strandafjellet.no/activities/gondola-ride>.

In the winter, Stranda offers spectacular skiing. This is one of the very few places in the world where you can ski from the mountain top all the way down to the fjord.

From Stranda, the tour continues by ferry, crossing the Storfjord to Liabygda. From Liabygda you return to Ålesund via Stordal and Sjøholt.

Departure from: Ålesund bus terminal (Rutebilstasjonen), track 3

This itinerary is not valid as a ticket.



Itinerary and transport information

Ålesund - Sykkylven - Strandafjellet - Stranda - Sjøholt - Ålesund				
	Monday - Friday		Saturday	Bus/ferry line
From Ålesund bus terminal (Rutebilstasjonen)	09:20	11:00*	11:00*	250 Stryn (Bus)
To Strandafjellet	10:57	12:45	12:45	
To Stranda	11:10	13:00	13:00	
From Stranda ferry quay	14:45/14:50**	14:45/14:50**	14:15/14.10**	14 (Ferry)
From Liabygda ferry quay	15:05	15:05	14:37	210 (Bus)
From Sjøholt	15:50	15:50	15:20	100 (Bus)
To Ålesund town center (Rådhuset i Ålesund)	16:45	16:45	16:15	

* The bus from Ålesund at 11.00 is operated by Kringom and is only marked Stryn, not with line number 250.

** From 18.05 to 31.08 2019: departure 14:50 (Monday - Friday)/14:10 (Saturday)

Ålesund-Stranda: Take bus no. 250 from Ålesund bus terminal (Rutebilstasjonen), track 3. The bus goes via the Magerholm-Ørsneset ferry, and the bus drives on board the ferry and continues on the other side. You either take this bus all the way to Stranda village, or you may make a stop at Strandafjellet, as described above.

Stranda-Liabygda: From Stranda you take the ferry to Liabygda. You walk on board and leave the ferry at Liabygda.

Liabygda-Sjøholt: From Liabygda ferry quay you take bus 210 towards Sjøholt. The bus stops at Sjøholt bus terminal, track 3.

Sjøholt-Ålesund: From Sjøholt you take bus no. 100 towards Ålesund and Volda. Departure from track 1 at Sjøholt bus terminal. This bus takes you back to Ålesund. In Ålesund, the central bus stops are at Ålesund town hall (Rådhuset i Ålesund), Skateflukaia (near the tourist information) or at the bus terminal (Rutebilstasjonen).

Travel route



This itinerary is not valid as a ticket.



1. Ålesund, 2. Sykkylven, 3. Stranda, 4. Liabygda, 5. Sjøholt, 6. Ålesund

Map: Google

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