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This is a “Travel like the locals” tour. The tours use public transport, i.e. regular buses, ferries and boats, but we have done the planning for you so that you can concentrate on enjoying your trip. You travel on your own - there is no guide or tour leader. On most of our tours you must change several times between different buses/ferries/boats, and it is up to you to make sure you catch your connections – truly travelling like a local! (The tours are set up so that the buses, ferries and boats connect.)

Round trip to Trollstigen & Valldal

Ålesund – Åndalsnes – Trollstigen - Valldal – Ålesund

This round trip goes straight from Ålesund to Åndalsnes before embarking on Trollstigen - one of the best known and most visited tourist sites in Norway.

If you go on the early departure from Ålesund you time in Åndalsnes to enjoy some of the possibilities offered there, for example a hike up to “Rampestreken”.

Towards Trollstigen, the hairpin road leads up to the summit 850 meters above sea level, offering breathtaking views as the bus curves upwards.

The bus stops for 25 minutes at the Trollstigen plateau, allowing you to enjoy the views and take photos.

The return journey to Ålesund goes through Valldal, a beautiful valley surrounded by mighty mountains. The climate in Valldal makes it the perfect place for agriculture, especially for growing strawberries.

Departure from: Ålesund bus terminal, track 4

This itinerary is not valid as a ticket.



Itinerary and transport information

Ålesund - Åndalsnes - Trollstigen - Valldal - Ålesund				
24 June - 18 August 2019				
	Monday - Friday	Sunday	Monday - Sunday	Bus line
From Ålesund bus terminal (Rutebilstasjonen)	12:10	11:55*	14:00	Bus no. 681 (100)
To Åndalsnes railway/bus station	14:15	14:05	16:05	
From Åndalsnes railway/bus station	18:00	18:00	18:00	Bus no. 220
Til Trollstigen	short stop	short stop	short stop	
To Valldal	19:50	19:50	19:50	Bus no. 210
From Valldal	19:50	19:50	19:50	
To Sjøholt	20:40	20:40	20:40	Bus no. 100/210
From Sjøholt	20:50**	20:40**	20:50/20:40**	
To Ålesund town center (Rådhuset i Ålesund)	21:45	21:35	21:45:00/21:35	

* Bus 100 from Ålesund to Moa, switch to bus 681 at Moa (track 7). Departure from Moa 12:25.

**Monday - Friday: switch to bus line 100. Saturday/Sunday: bus line 210 continues to Ålesund.

Ålesund – Åndalsnes: From Ålesund bus terminal (Rutebilstasjonen) track 4, take bus 681 to Åndalsnes railway/bus station. If you travel on a Sunday, take bus no. 100 to Moa, then switch to bus no. 681 (track 7). The bus goes via Sjøholt and Vestnes to Åndalsnes.

Åndalsnes – Valldal: Take bus 220 from Åndalsnes railway/bus station. The bus makes a stop at the Trollstigen plateau. Follow the bus driver's instructions and make sure to be back at the bus at the time given by the bus driver.

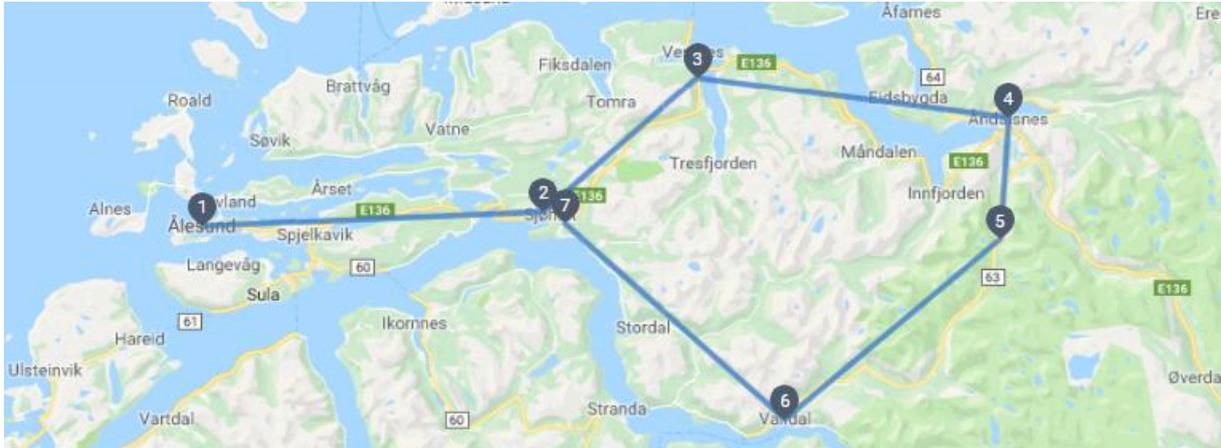
Valldal – Sjøholt: From Valldal you take bus 210 towards Sjøholt. The bus departs from the same place as the bus from Åndalsnes stops.

Sjøholt-Ålesund: If you travel Monday – Friday, you switch to bus no. 100 towards Ålesund and Volda. Departure from track 1 at Sjøholt bus terminal. On Sundays, bus no. 210 goes all the way to Ålesund. In Ålesund, the central bus stops are at Ålesund town hall (Rådhuset i Ålesund), Skateflukaia (near the tourist information) or at the bus terminal (Rutebilstasjonen).

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Travel route



1. Ålesund, 2. Sjøholt, 3. Vestnes, 4. Åndalsnes, 5. Trollstigen, 6. Valldal, 7. Sjøholt

Map: Google

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