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*This is a "Travel like the locals" tour. The tours use public transport, i.e. regular buses, ferries and boats, but we have done the planning for you so that you can concentrate on enjoying your trip. You travel on your own - there is no guide or tour leader. On most of our tours you must change several times between different buses/ferries/boats, and it is up to you to make sure you catch your connections – truly travelling like a local! (The tours are set up so that the buses, ferries and boats connect.)*

## Round trip to Runde Bird Island

Ålesund – Hareid - Runde – Ålesund

This tour by fast-speed ferry and bus takes you from Ålesund via Hareid and Fosnavåg to the bird island of Runde.

The island is a popular destination all year round, but is spectacular in the summer due to its teeming bird-life. Between 500,000 and 700,000 sea birds inhabit the island in the season, most of them in the cliffs. The island also offers great hiking.

Departs from: Ålesund express boat terminal, Skateflukaia (near the Tourist Information)

### Itinerary and transport information

Ålesund - Hareid - Runde - Ålesund				
	Monday - Friday			Bus/express boat line
From Ålesund express boat terminal (Skateflukaia)	08:50		11:50	5 (Express boat)
From Hareid	09:23		12:23	330 (Bus)
To Fosnavåg	10:20		13:20	
From Fosnavåg	10:30		14:05	331 (Bus)
To Runde	11:00		14:50	
From Runde	14:50	17:15	17:15	331 (Bus)
To Fosnavåg	15:20	17:45	17:45	
From Fosnavåg	15:50	17:50	17:50	330 (Bus)
To Hareid	16:55	18:55	18:55	
From Hareid	17:00	19:00	19:00	5 (Express boat)
To Ålesund express boat terminal (Skateflukaia)	17:23	19:30	19:30	

**This itinerary is not valid as a ticket.**



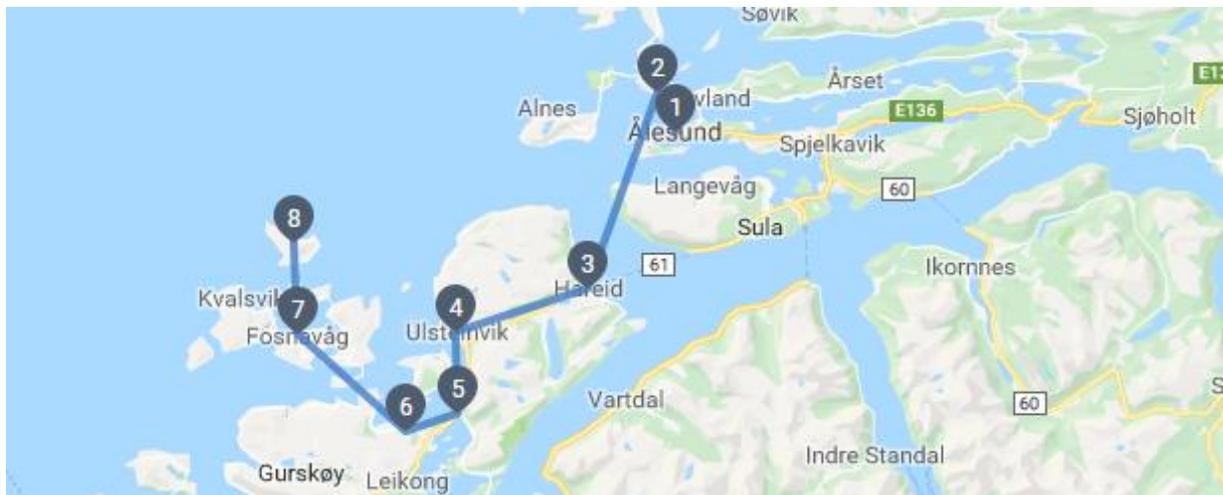
**Ålesund-Hareid:** Take express boat line 5 towards Hareid from Ålesund express boat terminal at Skateflukaia, which is next to the Tourist Information. The boat stops at Valderøya before Hareid. Please stay on board the boat during the stop at Valderøya.

**Hareid-Fosnavåg:** From Hareid you take bus 330 towards Fosnavåg. The bus departs from Hareid bus terminal, next to the express boat quay. The bus goes via Ulsteinvik, Garnes and Myrvåg to Fosnavåg. Take the bus to the bus stop "Fosnavåg terminal".

**Fosnavåg-Runde:** At Fosnavåg terminal you switch to bus 331 towards Runde. Take the bus all the way to the end stop, called "Goksøyr snuplass".

**Return trip:** The return trip takes the same route back to Ålesund, only in the opposite order.

## Travel route



1. Ålesund, 2. Valderøya, 3. Hareid, 4. Ulsteinvik, 5. Garnes, 6. Myrvåg, 7. Fosnavåg, 8. Runde  
Map: Google

**This itinerary is not valid as a ticket.**