



Last updated: 25.02.2019

*This is a "Travel like the locals" tour. The tours use public transport, i.e. regular buses, ferries and boats, but we have done the planning for you so that you can concentrate on enjoying your trip. You travel on your own - there is no guide or tour leader. On most of our tours you must change several times between different buses/ferries/boats, and it is up to you to make sure you catch your connections – truly travelling like a local! (The tours are set up so that the buses, ferries and boats connect.)*

## One way trip to Molde, the Atlantic Road & Kristiansund

### Ålesund – Molde - the Atlantic Road - Kristiansund

This trip takes you from Ålesund via Molde to what is often described as the world's most beautiful road, the Atlantic Road, and Kristiansund.

If you are travelling Monday – Friday, you have some time in Molde to walk around this charming town between the fjord and the hills. Molde offers a magnificent view towards the fjord and the mountains on the other side, and has a multitude of shops, cafés, etc.

With its location at the edge of the mighty ocean, the Atlantic Road is as beautiful in sunshine and calm weather as in full storm and rain.

The Atlantic Road connects Averøy with the mainland via a series of small islands and islets spanned by a total of eight bridges over 8274 meters. The road is a national tourist route.

On this round trip, the bus stops at Eldhusøya, where you can take a walk on the suspended walkway around the islet. The walkway consists of latticework ("grids") "floating" above the terrain, and is suitable for or anyone.

The service building at Eldhusøya, with its distinct architecture that falls into the terrain, has a café and toilets. The area also offers a magnificent landscape, a rich bird life and great fishing opportunities.

Kristiansund known for the dried and salted cod – "klippfisk" (literally "cliff fish"). The city's speciality is the dish bacalao and dishes with "klippfisk" are served in all the restaurants and most of the cafés in town. You also find a snackbar that serves another one of Kristiansund's specialities - real fish and chips, locally called "fishan". The town has a rich cultural offering and a selection of shops and cafés.

**This itinerary is not valid as a ticket.**



Departure from: Ålesund bus terminal (Rutebilstasjonen), track 4

This itinerary is not valid as a ticket.



## Itinerary and transport information

Ålesund - Molde - the Atlantic Road - Kristiansund			
	Monday - Friday	Saturday	Bus line
From Ålesund bus terminal (Rutebilstasjonen)	09:55	10:25	100
To Molde bus terminal	12:15	12:45	
From Molde bus terminal	13:15	13:00	510
To The Atlantic Road	14:18	14:03	
From The Atlantic Road	16:03	16:58	510
To Kårvåg	16:07	17:02	
From Kårvåg	16:10	17:10	501
To Kristiansund bus terminal	16:55	17:55	

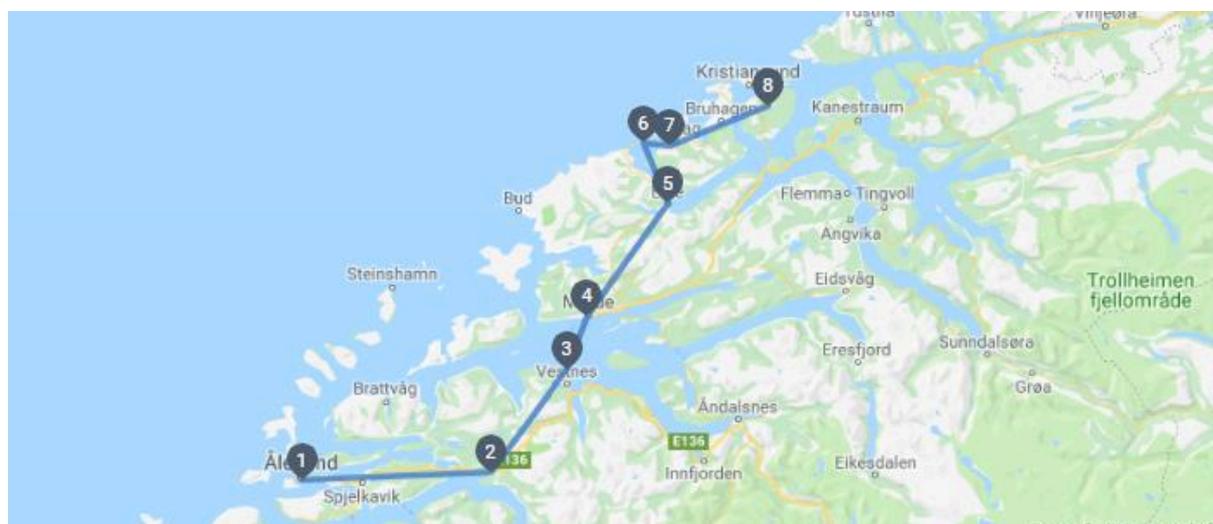
**Ålesund-Molde:** Take bus 100 direction Trondheim-Kristiansund from track 4 at Ålesund bus terminal (Rutebilstasjonen). The bus goes via Sjøholt, Vestnes and Furneset ferry quay to Molde. At Furneset ferry quay, the bus drives on to the ferry. On the ferry, you may leave the bus to visit the ferry's cafeteria and enjoy the beautiful view from the ferry. Make sure to get on board the bus before the ferry arrives in Molde, and take the bus to Molde bus terminal.

**Molde-the Atlantic Road:** From Molde, take bus 510 from track 7. The bus goes via Eide to the Atlantic Road and stops next to the service building at Eldhusøya.

**The Atlantic Road-Kårvåg by the Atlantic Road:** Bus 510 also takes you from the Atlantic Road to Kårvåg by the Atlantic Road. You take the bus from the place outside the service building at Eldhusøya. At Kårvåg, the bus stops close to a gas station.

**Kårvåg by the Atlantic Road-Kristiansund:** At Kårvåg you switch to bus 501 to Kristiansund. Take the bus to the end stop, Kristiansund bus terminal.

## Travel Route



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1. Ålesund, 2. Sjøholt, 3. Vestnes, 4. Furneset, 5. Molde, 6. The Atlantic Road, 7. Kårvåg, 8. Kristiansund  
Map: Google

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